

## **FACULTY PROFILE**



**NAME : Ms. Smita Anil Gangurde**

**QUALIFICATION : MA Clinical Psychology, NET**

**EMAIL ID : psysmitag@ gmail.com**

**DEPARTMENT : Psychology**

**DESIGNATION : Assistant Professor**

**EXPERIENCE(Yrs.) : 1 year 5 months**

**SPECIALIZATION : Clinical Psychology**

### **PUBLICATIONS :**

**Books Publications- NA**

**Research Publications in Journals- NA**

**Papers Published in conference proceedings-NA**

**Papers Presented in conference: 1**

### **PAPERS PRESENTED:**

- “Association between Resilience and Social Relationships after the breakup with a romantic partner.” a paper presented at 10th InsPA Online International Conference on School Psychology.

### **CONFERENCES/SEMINARS/WORKSHOPS ATTENDED:**

- Participated in the International conference on Wholistic Health and Wellbeing - Veer Wajekar College, Uran.
- Participated and organized - Two Day National Conference on Psychology for Health, Happiness and Humanity, KBP College, Vashi
- Participated in 20th Annual National Conference of Indian Psychiatric Association.

- Participated in 10th International Conference on School Psychology. - Attended a series of workshops organized by Fortis Healthcare: Fashion Psychology, Art Therapy, Psycho-oncology; Sports Psychology, Psychotherapy. - Attended a Positive Psychology Workshop by Dr. Rajendra Barve (Bombay Psychiatric Society)
- Participated and organized Workshop on Being Professional
- Participated and organized One Day Workshop on “Careers in Forensic and Clinical Psychology”
- Participated and organized Workshop on Humor Psychology - Participated and organized Workshop on Hypnotherapy
- Participated and organized Two Day National Workshop on development and standardization of Psychological Tests
- Role and Impact of Psychoeducational Assessments.
- Two Day Webinar on Introduction to Research-Designs- from theory to practice
- Participated in 8th International Congress of Stress, Performance and Wellness

#### **ACTIVITIES ORGANIZED:**

- Organizing Committee (Vice President) at Two Day National Conference on Psychology for Health, Happiness and Humanity under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.
- Organizing Committee (Vice President) at Workshop on Being Professional under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.
- Organizing Committee (Vice President) at One Day Workshop on “Careers in Forensic and Clinical Psychology” under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.
- Organizing Committee (Vice President) at Workshop on Humor Psychology under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.
- Organizing Committee (Vice President) at Workshop on Hypnotherapy under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.
- Organizing Committee (Vice President) at Two Day National Workshop on development and standardization of Psychological Tests under the guidance of Dr. Ezaz Shaikh, KBP College, Vashi.

#### **FDP/TRAINING COURSES COMPLETED:**

- Rational Emotive Behavior Therapy (Self Align with Gauri Rov) - Single Session Therapy (Self Align with Gauri Rov)
- Psychological First Aid from John Hopkins University

- Short term Course on SPSS by Indian Teachers Education Community - Covid 19 and Mental Health: Caring For Public And Ourselves by American Psychiatric Association.
- Mindware: Critical Thinking for the Information Age, University of Michigan

**RESEARCH PROJECTS:**

- “Association between Resilience and Social Relationships after the breakup with a romantic partner.”
- “ Resilience and Functional Ability in Patients with Schizophrenia as a function of Duration”

**MEMBERSHIPS/AFFILIATIONS:**

- **Life Associate Member:** Bombay Psychiatric Society -
- Life Member:** Indian Counseling Association